

Offer Types

- Details of these services can be found in the book "Learning in Relaxation"
- Low-income individuals can pay in installments

1. Mental Performance Enhancement

- Coach training
- Motivation
- Creativity
- Concentration
- Boosting self-confidence and behavior modification
- Fast and efficient language learning
- Imagination
- Problem solving
- Stress reduction and overcoming obstacles
- Attaining dream consciousness

2. Physical Performance Enhancement

- Muscle building and strength enhancement
- Precision in sports or work
- Speed and endurance

3. Solving Physical Problems

- Pain management (analgesics and anesthesia)
- Accelerating recovery processes and self-healing
- Medical treatment without anxiety
- Weight loss and metabolic regulation
- Skeletal muscle relaxation and psychosomatic relief
- Resolving anxiety, depression, and burnout
- Successful addiction therapy

Additional services available upon request